



A newsletter for the In-Home/Relative Caregiver February 2001

The After School Provider

Homework Tips

- ⇒ Develop a system for homework with parents. Establish how much time child/ren will spend on homework.
- ⇒ Create a study space that is quiet and well lit. Provide a desk or surface where child/ren can spread out books/papers. Have parents provide extra materials if necessary.
- ⇒ Have parents provide or better yet have children make a *thinking* cap. Keep hat on hook in study area. Encourage children to wear cap only when studying.
- ⇒ Encourage children to make flash cards. Have parents provide index cards. Children can write out math problem, science term, or vocabulary word on one side, then write definition on other side. Have fun taking turns quizzing each other.
- ⇒ Allow children to have recreational time before and/or after study time.

Pickett, Beth Kneeland. *50 Nifty Super Things to Do After School*. Lowell House Juvenile, 1998.

* Theme*

All About Me

Part of the process of growing up is learning about oneself. Why not have the children learn a little more about themselves and each other through a fun activity? You could ask the parents to help out in creating a mini-scrap book of each child. These could include baby photos, photos of the family pet, grandparent pictures, family pictures etc. In the scrapbook, the children could share a little bit about themselves: favorite colors, favorite meals, favorite story book, their middle names, whatever strikes their fancy. You could spend a little time each day talking about each child and sharing the scrapbooks. The extra attention might make a child feel wonderful!!

By Hannah English

* SONGS*

I am Special

Sung To: "Are You Sleeping"

I am special, I am special,
Look at me, look at me.
A very special person, A very special Person

That is me, that is me.

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<http://www.preschooleducation.com/sme.shtml>

RECIPES

Five Ingredient Ice Cream

Ingredients:

½ C cold milk

1 tablespoon vanilla extract

1 (14 oz) can sweetened condensed milk

1/8 teaspoon salt

1 pint heavy cream.

Optional: Crushed cookies, nuts, fruit, coconut flakes etc.

In a large bowl stir together cold milk, vanilla, condensed milk and salt. Set aside

In separate bowl, beat heavy cream w/ an electric mixer until stiff peaks form. Fold milk mixture into whipped cream.

Pour into shallow 2 quart dish, add optional ingredients, cover, and freeze. Stir mixture once after 2 hours and refreeze for 2 more. Serve or store in airtight container for up to 10 days.

Granola

2 ½ C uncooked oats

½ C each of coconut, almonds or seeds, bran or grapenuts, butter or margarine, honey, and raisins or dates.

Mix all ingredients except honey, butter, or raisins. Melt butter and honey and stir into mixture. Spread evenly on cookie sheet and bake at 300 F, stirring often for 20 min. Add raisins. Cool before serving and store in airtight container.

Ellison, Sheila & Gray, Judith. *365 Afterschool Activities*. Sourcebooks, Inc, 1995.

WORLD PROVERBS

Better to light a candle than to curse the darkness.

Chinese Proverb

A new brush sweeps clean, but the old brush knows all the corners.

Irish Proverb

When spider webs unite, they can tie up a lion,.

Ethiopian Proverb

ACTIVITIES

I Am Special Activities

- ❖ Have child/ren trace hands, color and cut out. Help kids think of special things that they make with their hands and write them on handprint.
- ❖ Make ME posters by having kids draw and /or glue magazine pictures on poster.
- ❖ Make All About Me books. Each page could have a heading like: This is my special family, friend, favorite animal, sport etc.
- ❖ Help kids trace their bodies on large sheet of paper and decorate.
- ❖ Help child/ren create a happiness list where they write down things that make them happy and things they do that make others happy.

Display the artwork on walls, windows or on the refrigerator.

Ellison, Sheila & Gray, Judith. *365 Afterschool Activities*. Sourcebooks, Inc, 1998.

TRAININGS

The next scheduled Introduction to Child Care Information sessions for In-Home voucher caregivers at CCRC will be held on March 7, 2000 at 10:00 a.m. and March 21, 2000 at 10:00 a.m.

Participants can register through Voucher Services